



ACTIVITIES AND SCHEDULE



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WELCOME

Welcome and thank you for attending Operation Save Abortion and for making a commitment to learn more, act more, fund more, and raise hell more in this fight for abortion and bodily autonomy.

We have 25 amazing panelists and over 60 partner organizations from the reproductive health, rights and justice movements gathered today to show us what is possible if we learn about the opportunities available, and are given a road map to show up and show out.

This is a long haul that requires sustained activism—one that actively commits to dismantling systems of oppression, and that recognizes all the intersections of that oppression. We must reclaim the narrative around abortion, show up with our whole selves to unabashedly support and defend the bodily autonomy of not only women, but of all genders and to do it using a reproductive justice frame work.

We will emphasize what that looks like today, and to ground us, here is the definition of reproductive justice from Sister Song, the Women Of Color Reproductive Justice Collective.

“Reproductive Justice is the human right to maintain personal bodily autonomy, have children, not have children, and parent the children we have in safe and sustainable communities.”

We will learn that when electing politicians, they must support full access to reproductive care, understand that abortion rights are human rights and will commit to not only defending access but expanding it.

You will also have time to converse, strategize and and engage in activities that help you learn how your personal skill set can be applied to protecting and defending our right to abortion. Today is about building and growing community by centering those most marginalized and following the leadership of Black, Brown, Indigenous, and LGBTQ+ communities.

Let's get to work!

THE OVERVIEW OF THE DAY



**Sunday, July 17th,
11:00a - 6:30p ET / 8:00a-3:30p PT**

Watch party guests should arrive **NO LATER** than 30 minutes before the stream

BASIC RUNDOWN OF THE DAY ALL TIMES LISTED ARE EASTERN

10:55-11a Opening remarks and Welcome from Abortion Access Front Founder Lizz Winstead

11:00-6p Panels begin. There are a series of five, 45-minute conversations covering different areas of abortion advocacy. In between each panel discussion, there will be a 25 minute house party breakout session where you will discuss, brainstorm and take action with who you and your house party mates. If you are watching on your own, the reflections and activities can be done alone.

1:20-3p ET BREAK

5:30- 6:00p We close out the day with a robust Q/A session, comedy from the amazing Joyelle Nicole Johnson, and set you up for your next steps.

6:00-6:30 House Party Debrief

THE TWO MOST IMPORTANT THINGS TO KNOW DURING THE EVENT

IF YOU HAVE PROBLEMS WATCHING THE LIVE STREAM AT ANY POINT:

The event is also streaming on the Abortion Access Front's Youtube channel

@AbortionAccessFront

IF YOU HAVE QUESTIONS ABOUT ANYTHING ON THE DAY

The live-stream will not be running between panel sessions, BUT the q/a function & the chat is being monitored so you can get your questions answered there during the panels and breakout sessions

ACCESSING THE LIVE STREAM

The Sunday, July 17th live event is from 11:00a–6:00p ET/8:00a–3:00p PT and you'll want to plan on at least 30 minutes afterwards for a debrief and next steps. The event will be streamed in your browser through a website called Crowdcast. The Crowdcast stream will go live at 11:00a ET. It's a good idea to have the screen open at 10:30a ET to troubleshoot any issues.

Double check you received an email from Crowdcast confirming your registration right after you registered. This email has the link to watch the event. If you can't find it, don't worry you will receive another email with the link 30 minutes before the event starts.

For any questions on using Crowdcast check out their Attendee Guide at: bit.ly/crowdcastguide

AGAIN: IF YOU HAVE PROBLEMS WATCHING THE LIVE STREAM AT ANY POINT:

The event is also streaming on the Abortion Access Front's Youtube channel

@AbortionAccessFront

IF YOU HAVE QUESTIONS ABOUT ANYTHING ON THE DAY OF

The live-stream will not be running between panel sessions, BUT the Q/A function in the Crowdcast chat will be monitored so you can get your questions answered there during both the panels and breakout sessions



TECH QUESTIONS

Does Crowdcast have an app?

Yes! Attendees with Apple iOS devices (iPhone and iPad) can download the Crowdcast app. Crowdcast is also supported in Chrome, Safari, and Firefox. Android devices can access Crowdcast directly from one of these browsers; no downloads required.

Which browser seems to work best?

Chrome works best for Crowdcast. Firefox is another good alternative. Make sure you are using the latest version of your preferred browser

How can I connect my laptop to my tv?

The most straightforward way to connect your laptop to a TV is via an HDMI cable. Simply plug an HDMI cable into your laptop and plug the other end into an available HDMI port on your TV.

It'll automatically transfer both audio and video to the TV. This approach is most practical if your laptop has an HDMI port. If it doesn't, you will need a USB-C-to-HDMI adapter

Can I cast this onto my TV?

Yes! Attendees can cast any page from Google Chrome to a Chromecast. Just select Cast from the View menu in your Chrome browser. Your device will cast the tab, but you can switch your video to full screen and have the video show that way. Another option is Airplay. Attendees with iOS devices can download the Crowdcast app and simply Airplay onto their TV/display.

I have a question not addressed here!

Email Max@aafront.org



PANEL SCHEDULE

REMINDER: The stream goes down between sessions, and the 25-minute breakout sessions at the house parties begin.

Times Reflected Here Are **EASTERN**

10:55a Welcome from AbortionAF Founder Lizz Winstead

11:00a-11:30a: Let's Talk About Abortion and Reproductive Justice

BREAKOUT 1

11:45a-12:35p: "Indie"cent Exposure: Ways To Support Independent Abortion Clinics

BREAKOUT 2

1:00p-1:50p: Put your money, time, and privilege where your mouth is: How to help patients access care

BREAKOUT 3

3:00p-3:50p: Abortion Bans Are F**king Trash:
Learn to say this to an elected official without saying "f**king" or "trash"

BREAKOUT 4

4:15p-5:05p: Make Haters Take Several Seats When You Take To The Streets

BREAKOUT 5

5:30p-6:00p: The Ultimate Climax:
Answering all your questions, next steps for your marching orders, PLUS a hilarious comedy set from Joyelle Nicole Johnson

6:00-6:30p: GO OVER NEXT STEPS: Listed on pages 17 and 18 of the Activity Guide

BREAKOUT SESSIONS

After each panel, there is a breakout session designed to get you thinking deeper about what you just learned. We have tool kits and discussion prompts for each one in this activity guide.

There are three components to each session:

1. Reflect and discuss what you learned.
2. Brainstorm ideas how to apply what you learned to create an action to help, make change etc.
3. Execute a small action.

TIPS FOR TO GET THE MOST OUT OF YOUR BREAKOUT SESSIONS

Read through each breakout session in this guide ahead of time.

That way you have a general idea of what you will be doing in the post panel sessions and what supplies you will need for each session.

Send this Activity Guide and Schedule to all attendees.

Take notes during each panel. You will be prompted to share thoughts afterward, a-ha moments, things that were new or that you found profound, so taking notes will help you participate in the post-panel conversation in your house party.

Use the provided prompt questions to lead discuss what you learned.

Brainstorm ideas on ways to take next steps based on what you learned. **KEY:** Take a photo of what you wrote for your brainstorm, **BEFORE** you move on to the action.

Complete the action provided for each activity.

Time each section so that you can complete everything. It will be helpful to assign time limits for each section.



Breakout 1

LET'S TALK ABOUT ABORTION AND REPRODUCTIVE JUSTICE

11:30a - 11:45 ET / 8:30a - 8:30 PT

You will have 15 minutes for this breakout.

Materials needed:

- Notepad, whiteboard, or other blank surface and pens for a brainstorm
- Phone

Start by reading aloud the basic tenets of Reproductive Justice as crafted by SisterSong:

“Reproductive Justice is the human right to maintain personal bodily autonomy, have children, not have children, and parent the children we have in safe and sustainable communities.”

Discussion Prompts:

- Have you have been using Reproductive Rights and Reproductive Justice interchangeably?
- What are ways the government, courts, or even our own advocacy are creating barriers to reproductive justice?

Brainstorm:

- Now that you heard about the importance of advocating for abortion using the RJ framework, what are some actions you can take to make sure your advocacy centers folks hit hardest by abortion bans and breaks the barriers to achieving reproductive justice?
- Take a photo of the ideas so you can remember this!

Follow on social media the following organizations to continue your RJ education:

- SisterSong
- Black Feminist Future
- The AFIYA Center
- Black Mamas Matter Alliance
- In Our Own Voice
- SPARK Reproductive Justice
- COLOR

“INDIE”CENT EXPOSURE: WAYS TO SUPPORT INDEPENDENT ABORTION CLINICS

12:35-1p ET / 9:35- 10:00a PT

You will have **25 minutes** for this breakout session.

Materials needed:

- Whiteboard, post-it notes, notebooks, or other surface for group brainstorming
- Pens, sharpies, or dry erase markers/erasers depending on the brainstorm surface
- Phone

Discussion Prompts:

- What was your a-ha! moment from this conversation? AKA what was news to you or really impacted you?

Quick wake up call exercise to learn just how much Fake clinics are taking over:

1. Get out your phones: Google where you live and abortion and screenshot the names of the “clinics” that come up.
2. Go to INeedAnA.com to see how many clinics that came up in your search are on the site.

If they aren't on INeedAnA.com they are anti-abortion fake clinics or they used to be abortion clinics, but can no longer provide that care post-Roe.

Your brainstorm will depend on the results of your google search. Keep in mind the framework of Repro Justice as you think of ideas.

If You have a clinic near you- Brainstorm:

1. How can you support the clinic?
2. If you have been a patient at an abortion clinic (for any kind of care) go ahead and leave them a positive Google review!

If there is NOT a clinic near you, your brainstorm will be:

1. How can you spread the word in your community on the closest place people can go to actually get an abortion?
2. What are ways to help folks in your community avoid getting scammed by a fake clinic?

“INDIE”CENT EXPOSURE: WAYS TO SUPPORT INDEPENDENT ABORTION CLINICS ACTION

Action Options:

Go to ExposeFakeClinics.com

- Check if the fake clinics that came up in your search are already listed on ExposeFakeClinics.com. If not, add them. You can tell it's a fake clinic if on their website there's no information on birth control and they typically have religious imagery and/or LIES on negative effects of abortion (Ex: depression, breast cancer, claiming Plan B causes an abortion, etc.)

Look Through The Reviews Of The Fake Clinics That Came Up In Your Google Search.

- Upvote any that expose they are not actually providing abortion care. Leave a review letting people know that the place does not provide abortion care. If you're in a group: make sure to upvote each other's reviews to help them stay up.

Can your House Party commit to adopt a clinic?

- This would mean each of you purchasing items that a clinic (or fund!) needs and/or sharing the link with friends to ask them to buy some supplies. Find the wish lists here:
www.exposefakeclinics.com/supportrealclinics



PUT YOUR MONEY, TIME, AND PRIVILEGE WHERE YOUR MOUTH IS

1:45 - 2:10p ET / 10:45 - 11:10a PT

You have 25 minutes for this breakout and then 45 minutes for a lunch break and postcards.

Materials needed:

- Whiteboard, post-it notes, notebooks, or other surface for group brainstorming
- Pens, sharpies, or dry erase markers/erasers depending on the brainstorm surface
- Phone

Discussion Prompts:

- What myths or misconceptions were dispelled for you?
- Was there anything you have previously thought was helpful that you've now learned isn't?

Brainstorm:

- Fundraisers are an opportunity for education, planning, and learning who the safe people in your area are. How can you fundraise for these organizations?
- Will you block time in your schedule weekly or monthly to text your friends with a donate link?
- Do you have friends you could ask to be a part of a fundraising event? Ex: musicians, poets, bakers, chefs, artists, etc.
- Is there a fun thing you and your friends do together that you can turn into a party/fundraiser?

Take Action Options:

1. Look up your nearest abortion fund at abortionfunds.org. See what their needs are. Text 5 friends and post on social media what those needs are. Fulfill one of those needs.
2. Open up the Patient Support folder in the Toolkit. Find the Well-Meaning Friends document. This is a message you can post or send to friends who have been offering to help people with "camping" or saying they'll offer their couch/home to strangers. It's a way of calling people in to better direct them on how to be more strategic in helping people get abortion care.

TAKE A BREAK!

2:10- 3:00p ET / Until 11:10- 12:00p PT

Materials needed: Food! drink! toilet!

- **Postcards.** They can be any kind at all. Typically at places like Target you can find an inexpensive pack with wildlife scenery or cute images. If you can find ones that say Thank You on them that is even better!
- **Postcard stamps.** You can buy these from your local post office and/or USPS.com. You can also use regular stamps, but the postcard ones are a little bit cheaper.
- **Pens**

During this time (once you've completed the above Patient Support/Abortion Funds discussion and action) check out the resources in your Toolkit on the areas you've learned about so far, eat some food, continue looking into the clinics and/or abortion funds near you, and write thank you postcards to abortion clinics.

For writing thank you postcards, aim for each participant to write at least 5 postcards. On the blank back of the card the stamp goes in the upper right corner. In the center of the right side you will write a clinic's address. On the left side you will write your message. It doesn't need to be super long! You should sign it with your name, but you don't have to put your address on it. You can find abortion clinics at INeedAnA.com. Aim to send the postcards to the clinics nearest to you (no matter how far away they may be).

BONUS: Take a sec to POP A PIC OF YOUR HOUSE PARTY ON INSTA AND TAG @ABORTIONFRONT #OperationSaveAbortion



LEARN TO TALK TO AN ELECTED OFFICIAL WITHOUT SAYING “F**KING” OR “TRASH”

3:45 - 4:10p ET / 12:45p - 1:10p PT

You will have 25 minutes for this activity.

Materials needed:

- Celebration materials (shot glasses, noisemakers, pom-poms, etc.)
- Phone

What’s your level of comfort talking to strangers?

- How does it differ depending on who the stranger is? Another voter? A local elected official? A state legislator? Giving directions to other pro-abortion supporters?

What would your comfort level be in policy & advocacy work?

- Lead a phone bank? Make calls? Talk to voters at their doors? Meet with an elected official? Build a campaign plan for how to enact change?

You’ll make a call today to get used to it! We know it can feel uncomfortable, but we’ve just got to do it.

- 1. Look up your city elected officials (if applicable), county elected officials, and state-level legislators. Usually it’s pretty easy to find once you google your city/county/state and the phrase elected officials! Write down their name and information.**
- 2. Do a chant to get pumped before each call.**
- 3. Pick one to call right now! Since it’s Sunday you will likely get their voicemail. Leave a message of your choosing or one of the templates on the next page. EVERYONE HAS TO DO THIS!!!**
- 4. Film each person (or yourself) making this call.**
- 5. Post the video on social media to show people how easy it is.**
- 6. Tag 3 friends asking them to make a call too. You can also send them the scripts to help them out.**
- 7. Celebrate! Take a shot, ring a bell, do your chant again, or whatever else feels celebratory to you!**

LEARN TO TALK TO AN ELECTED OFFICIAL WITHOUT SAYING “F**KING” OR “TRASH”

SAMPLE VOICEMAIL SCRIPTS

- Hi, my name is _____ and I am your constituent. I am concerned about the crisis pregnancy centers in our area. They are taking advantage of the post-Roe v. Wade confusion and trying to trick vulberable pregnant people into thinking they provide abortion services, when they give false medical information in an attempt to talk someone out of an abortion. I do not want my tax dollars to fund them and as an elected official, I want you to use your platform to educate the public about them. Thank you for your time.
- Hi, my name is _____ and I am your constituent. Abortion is one part of the human right to control our Bodily Autonomy. I would like to see our local/state government put funding towards helping people access abortion care. Thank you for your time.
- Hi, my name is _____ and I am your constituent. Abortion is a crucial part of the constitutional right to control my body. Your position on abortion will determine if I will support you in the coming election. I am asking you to issue a statement of support for abortion access before you get my vote. Thank you for your time.



Session 5:

MAKE HATERS TAKE SEVERAL SEATS WHEN YOU TAKE TO THE STREETS

5:05 - 5:30p ET / 2:05 - 2:30p PT

You will have 25 minutes for this activity.

Materials needed:

- **Print the Message Slips & TGFA prayer cards from the Activities folder of the Toolkit. If hosting an in-person watch party: Give a sheet to each of your attendees!**
- **If you don't have access to a printer: Have plenty of paper and pens for writing the messages from the Activities folder.**
- **Scissors to cut the messages out**
- **Blank sheets of paper**
- **Whiteboard, post-it notes, notebooks, or other surface for group brainstorming**

Discussion Prompt:

- **What excited you about what you heard?**
- **What makes you a little scared or uncomfortable?**

Brainstorm:

- **What are the places or who are the people in your area to put on blast in public?
Ex: corporations that donate to anti-abortion politicians, churches that protest abortion clinics, crisis pregnancy centers etc. Write them down and the shitty things they do. IDENTIFY 5 AND MOVE ON**
- **Who are the people that provide positive pro-abortion resources? IDENTIFY 5 AND MOVE ON**

- 1. Take the sheets you printed for this activity, and if you haven't already, cut them into individual slips.**
- 2. Pass out blank sheets of paper & from your brainstorm, write down the names of who you want to expose & what they do. Name of company + harm they cause. That is it. Ex: Bob's pizza on Walnut street sponsored an anti LGBTQ event**
- 3. Do the same for the local organizations you want to uplift. Write the name of the organization & the service they provide. Keep it short. Ex: The acme community space at 45 Walnut st has free condoms with no judgment**
- 4. Take these messages and go to the mall, thrift stores, discount stores, & anywhere else you can think of. Then, insert them into the pockets of pants, jackets, purses, any place someone will discover it when they get it home!**

IMMEDIATE NEXT STEPS

BECOME A VETTED VOLUNTEER

The panels will be up at OperationSaveAbortion.com, so encourage folks who couldn't join us to watch them and sign up to get involved. When people sign up at the site they'll be vetted and have their information sent to the abortion access groups who could use them.

ACTIVIST CALENDAR

Head to OperationSaveAbortion.com (starting tomorrow!) to join the Activist Calendar so that you can find ways to keep learning and take action that are open to anyone virtually or are local to you! Look to see what speaks to you as an individual and what you could do as a group.

Thank you so much for attending Abortion Access Front's Operation Save Abortion kick-off training day! If you have any questions you can email info@operationsaveabortion.com.

Everyone who has signed up with us will be vetted & their information will be sent to the abortion access organizations who can use YOUR help. You may not hear from them right away and that is okay! Groups are really overwhelmed right now and many don't have constant/weekly volunteer needs. Pay attention to their email lists and text message updates.

Do not overwhelm groups by calling their phone line. Abortion funds & clinics need to keep their phone line open for patients/people seeking abortion care. In the meantime, your Toolkit has all kinds of helpful information on talking about abortion, digital privacy, self-managed abortion, & other areas that are now essential to abortion activism in our country.

NEXT STEPS FOR EACH AREA WE DISCUSSED TODAY:

Let's Talk About Abortion & Reproductive Justice

- Now that you're following so many wonderful Reproductive Justice organizations online - attend the events they post about & share their posts! This is a great way to help educate your community & follow the lead of organizations led by BIPOC folks (Black, Indigenous, & People of Color).
- Keep reading and learning! In the Further Learning folder of your Activist Toolkit you will find more resources on Reproductive Justice.

"Indie"Cent Exposure: Ways To Support Independent Abortion Clinics

- If there IS an abortion clinic near you: Is there info on a doula program, Escort program, or other ways of support on their website? Check out the Clinic Support folder in the Toolkit for more resources and ways to take action!
- If there is NOT an abortion clinic near you:
 - What are the telemedicine laws in your state? What are the online abortion providers who can help people in your state? Ex: Hey Jane, Just the Pill, Plan C/Aid Access/Women Help Women
 - Check out the Expose Fake Clinics folder in your Toolkit! There are even guides to hosting your own Review-a-thons & Protests.

Put Your Money, Time, And Privilege Where Your Mouth Is: How To Help Patients Access Care

- Make a plan to put your brainstorming into action! Abortion funds really need financial support right now, so hosting a small fundraiser can be a great way to help them & be a leader in your community.

Abortion Bans Are F**king Trash: Learn To Say This To An Elected Official Without Saying "F**king" Or "Trash"

- Evaluate your town/city/county on how well it protects reproductive health by checking out NIRH's Self-Scoring guide. This can help you figure out what change needs to happen in your area.
- Check out our worksheet on meeting with an elected official about an issue. The first step in building a relationship with your elected officials is to meet with them!

Make Haters Take Several Seats When You Take To The Streets

- Check out the Activist Calendar for upcoming trainings on how to plan larger direct actions.

COCKTAILS

EQUAL PAY ROSÉ

Recipe:

- ½ oz of St. Germain
- 4 dashes of bitters
- 4oz of sparkling rosé

Place 2 lemon slices, bitters, and St-Germain in a white wine glass. Add ice. Top off with rosé.



Who Needs a Man-hattan

Recipe:

- 2 dashes of Angostura bitters
- 1 ounce dark vermouth
- 2 1/2 ounces bourbon

In chilled cocktail shaker, combine Angostura, vermouth, and bourbon. Add ice and stir until well chilled, about 20 seconds. Strain into glass. Garnish with 1 maraschino cherry.

Gin and Toxic Masculinity

Recipe:

- 3 ounces gin
- 1/2 ounce pomegranate liqueur
- 4 ounces (1/2 cup) tonic water

Fill a highball glass with ice. Add gin and pom liqueur. Then top with tonic water. Garnish with cucumber. Garnish with a cucumber slice.



MOCKTAILS

PINEAPPLE & GINGER PUNCH THE PATRIARCHY IN THE DICK

Recipe:

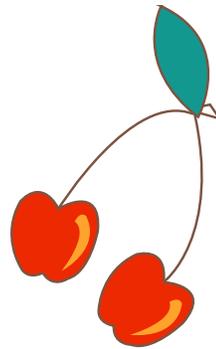
- 750 ml Pineapple Juice
- 750 ml Ginger Beer
- 1 lime
- Mint sprigs

Pour the pineapple juice, lime juice, mint, & crushed ice into a blender. Slightly blend the drink, then pour into a cocktail glass filled with more ice. Top with ginger beer, then garnish with mint sprigs before serving.

SAFE SEX ON THE BEACH

Recipe:

- 7 mint leaves
- 4 shots orange juice
- ½ shot lemon juice
- ½ shot lime juice
- ½ shot grenadine syrup
- 1 fresh egg yolk



In a cocktail shaker packed with ice, combine all the ingredients, then shake well. Double strain, then add a cherry for a final flourish.

PUSSYFOOT

Recipe:

- 3 oz. cranberry juice
- 3 oz. grapefruit juice
- 2 oz. peach nectar



Get your choice of a chilled cocktail glass, then pour over ice all the ingredients, and stir. Garnish with a maraschino cherry, then serve.