



**ACTIVITY  
GUIDE  
FOR YOUR  
WATCH/LISTENING  
PARTY**



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# WELCOME

Welcome and thank you for joining our Operation Save Abortion series and for making a commitment to learn more, act more, fund more, and raise hell more in this fight for abortion and bodily autonomy.

We gathered 25 amazing panelists and over 60 partner organizations from the reproductive health, rights, and justice movements to show us what is possible if we learn about the opportunities available and are given a road map to show up and show out.

This is a long game, that requires sustained engagement; one that actively commits to dismantling systems of oppression and that recognizes all the intersections of those oppressions.

We must reclaim the narrative around abortion and show up with our whole selves to unabashedly support and defend the bodily autonomy of all people and we need to do it using a Reproductive Justice framework.

We will emphasize what that looks like in each of our panels, and to ground us, here is the definition of reproductive justice from SisterSong, the Women Of Color Reproductive Justice Collective:

***“Reproductive Justice is the human right to maintain personal bodily autonomy, have children, not have children, and parent the children we have in safe and sustainable communities.”***

We will learn that when electing politicians, they must support full access to reproductive care, understand that abortion rights are human rights, and commit to not only defending access but expanding it.

With each panel, we have laid out guidelines for you to converse, strategize and engage in activities that will help you learn how your personal skill set can be applied to protecting and defending our right to abortion.

This series is about building and growing community by centering those most marginalized and by following the leadership of Black, Brown, Indigenous, and LGBTQ+ communities.

**LET'S GET TO WORK!**

# OVERVIEW OF THE SERIES



## BASIC RUNDOWN

HOST A HOUSE PARTY OR WATCH/LISTEN TO THE SERIES  
ON YOUR OWN

The series Operation Save Abortion is made up of five episodes, each covering a different area of abortion advocacy with experts in the field.

For each episode, we have created a post-episode activity guide that includes discussion points, brainstorming ideas, and actions to take with your house party mates.

If you are joining on your own, the reflections and actions in the activities guide can still be easily done!

IF YOU HAVE QUESTIONS REACH OUT TO:  
[INFO@OPERATIONSAVEABORTION.COM](mailto:INFO@OPERATIONSAVEABORTION.COM)

## WATCH EPISODE ONE FIRST

This series can be enjoyed in any order, but we ask that you begin with Episode 1:

**"Let's Talk About Abortion and Reproductive Justice."**

It is important to learn and put into practice the RJ framework in your activism now and moving forward.

# WHY THE POST-EPIISODE ACTIVITIES ARE A CRUCIAL PART OF THIS EXPERIENCE

The activity guide is designed to get you thinking deeper about what you learn from each episode.

There are three components to each post-episode discussion:

1. Reflect and discuss what you learned.
2. Brainstorm ideas on how to apply what you learned to create a future action to help, make a change, etc.
3. Execute a small action.

## TIPS FOR TO GET THE MOST OUT OF YOUR POST EPISODE ACTIVITIES

**Read through each breakout session in this guide ahead of time.**

That way you have a general idea of what you will be doing in the post-panel sessions and what supplies you will need for each session.

**Send** this Activity Guide to all attendees.

**Take notes during each panel.** You will be prompted to share thoughts afterward, a-ha moments, and things that were new or that you found profound. So taking notes will help you participate in the post-panel conversation in your house party.

**Use the provided prompt questions** to lead the discussion on what you learned.

**Brainstorm ideas** on ways to take next steps based on what you learned. **KEY:** Take a photo of what you wrote for your brainstorm **BEFORE** you move on to the action.

**Complete** the action provided for each activity.



# PREP WORK FOR HOSTING A WATCH/LISTENING PARTY

## ORGANIZING CHECKLIST:

Make Sure you have enough comfortable seating.

How you will be watching or listening?  
Make sure you have the right set-up:

- For **VIDEO**: Figure out if you need to connect your computer to a TV with HDMI cable or WiFi.
- For **AUDIO**: Have a portable speaker or cable to hook your phone or computer to your speaker system

### SUPPLIES FOR ACTIVITIES:

- Pens
- Scissors
- Whiteboard, or big stickie pad
- Postcards and postcard stamps

**DON'T FORGET SNACKS AND BEVVIES!**

## REMINDERS:

### TWO DAYS BEFORE

Send a text reminder to everyone who said they would attend.

### ON THE DAY

Set out food, beverages

Brew Coffee

Make sure your phone is on you and charged

Arrange chairs for your friends

Set up the whiteboard and other supplies for the activity.

Have the podcast episode downloaded or the YouTube video up on your screen.



# PREP FOR POST-EPISODE ACTIVITY

## READ THROUGH THE EPISODE ACTIVITY GUIDE BEFORE YOU WATCH/ LISTEN.

That way you have a general idea of what you will be doing in the post-episode discussions and activities.

## PRINT THE ACTIVITY GUIDE INSTRUCTIONS

- Check that you have enough ink in your printer.
- Assemble what you will need and have them ready to grab at the end of the episode.

## PREP ENVELOPES FOR NOTE CARDS WITH THE ADDRESS OF EACH ATTENDEE

One of the activities involves blank notecards and envelopes. Address and stamp the envelopes with the address of each of your attendees, including yourself.

## AS GUESTS ARRIVE

After they are situated, ask them to choose a blank notecard and an addressed envelope, **not their own**, for later.

## PASS OUT MATERIALS FOR THE ACTIVITY

Give everyone supplies associated with the episode before you hit play!



# EPISODES

## Episode 1: REPRODUCTIVE JUSTICE 101

**"Let's Talk About Abortion and Reproductive Justice"**

## Episode 2: CLINIC ADVOCACY

**"Indie"cent Exposure:  
Ways To Support Independent Abortion  
Clinics"**

## Episode 3: PATIENT ADVOCACY

**"Put your money, time, and privilege where  
your mouth is: How to help patients access  
care"**

## Episode 4: LEGISLATIVE ADVOCACY

**"Abortion Bans Are F\*\*king Trash:  
Learn to say this to an elected official  
without saying "f\*\*king" or "trash"**

## Episode 5: DIRECT ACTION

**"Make Haters Take Several Seats When You  
Take To The Streets"**



# ACTIVITY GUIDE EPISODE ONE

## LET'S TALK ABOUT ABORTION AND REPRODUCTIVE JUSTICE

### Materials needed:

- Notepad, whiteboard, or other blank surface, and pens for a brainstorm
- Phone

Start by reading aloud the basic tenets of Reproductive Justice as crafted by SisterSong:

*“Reproductive Justice is the human right to maintain personal bodily autonomy, have children, not have children, and parent the children we have in safe and sustainable communities.”*

### Discussion Prompts:

- Have you have been using Reproductive Rights and Reproductive Justice interchangeably?
- What are ways the government, courts, or even our own advocacy are creating barriers to reproductive justice?

### Brainstorm:

- Now that you heard about the importance of advocating for abortion using the RJ framework, what are some actions you can take to make sure your advocacy centers folks hit hardest by abortion bans and breaks the barriers to achieving reproductive justice?
- Take a photo of the ideas so you can remember this!

Follow the following organizations on social media to continue your Reproductive Justice education:

- SisterSong @sistersong\_woc
- Black Feminist Future @blackfeministfuture
- The AFIYA Center @theafiyacenter
- Black Mamas Matter Alliance @blackmamasmatter
- In Our Own Voice @blackwomensrj
- SPARK Reproductive Justice @sparkrjnow
- COLOR @color\_latina

# ACTIVITY GUIDE EPISODE TWO

## “INDIE”CENT EXPOSURE: WAYS TO SUPPORT INDEPENDENT ABORTION CLINICS

### Materials needed:

- Whiteboard, post-it notes, notebooks, or other surface for group brainstorming
- Pens, sharpies, or dry erase markers/erasers depending on the brainstorming surface
- Phone

### Discussion Prompts:

- What was your a-ha! moment from this conversation? AKA what was news to you or really impacted you?

### Quick wake-up call exercise to learn just how much Fake Clinics are taking over:

- Get out your phones: Google where you live and "abortion" and screenshot the names of the “clinics” that come up.
- Go to INeedAnA.com to see how many clinics that came up in your search are on that site.

If the clinics aren't on INeedAnA.com, they are anti-abortion fake clinics or they used to be abortion clinics but can no longer provide that care post-Roe.

Your **BRAINSTORMING** will depend on the results of your google search. Keep in mind the framework of Repro Justice as you think of ideas.

### **If You have a clinic near you:**

- How can you support the clinic?
- If you have been a patient at an abortion clinic (for any kind of care) go ahead and leave them a positive Google review!

### **If there is NOT a clinic near you:**

- How can you spread the word in your community on the closest place people can go to actually get an abortion?
- What are ways to help folks in your community avoid getting scammed by a fake clinic?

# ACTIVITY GUIDE EPISODE TWO ACTION

## “INDIE”CENT EXPOSURE: WAYS TO SUPPORT INDEPENDENT ABORTION CLINICS

### Additional Action Options:

#### Go to [ExposeFakeClinics.com](https://ExposeFakeClinics.com)

- Check if the fake clinics that came up in your search are already listed on [ExposeFakeClinics.com](https://ExposeFakeClinics.com). If not, add them. You can tell it's a fake clinic if on their website there's no information on birth control or abortion after-care. They also typically have religious imagery and/or LIES on the negative effects of abortion (Ex: depression, breast cancer, claiming Plan B causes an abortion, etc.)

#### Look Through The Reviews Of The Fake Clinics That Came Up In Your Google Search.

- Upvote any reviews that expose they are not actually providing abortion care or that warn people about the harms of these centers.
- See if they're already listed on [ExposeFakeClinics.com](https://ExposeFakeClinics.com). If not, add them using the form at the Fake Clinic Locations page.

#### Can your House Party commit to adopting a clinic?

- This would mean each of you purchases items that a clinic (or fund!) needs and/or shares the link with friends to ask them to buy some supplies.
- Find the wish lists here:  
[www.exposefakeclinics.com/supportrealclinics](https://www.exposefakeclinics.com/supportrealclinics)



# ACTIVITY GUIDE EPISODE THREE

## PUT YOUR MONEY, TIME AND PRIVILEGE WHERE YOUR MOUTH IS

### Materials needed:

- Whiteboard, post-it notes, notebooks, or other surface, for group brainstorming
- Pens, sharpies, or dry erase markers/erasers depending on the brainstorming surface
- Phone

### Discussion Prompts:

- What myths or misconceptions were dispelled for you?
- Was there anything you had previously thought was helpful that you've now learned isn't?

### Brainstorm:

- Fundraisers are an opportunity for education, planning, and learning who the safe people in your area are. How can you fundraise for these organizations?
- Will you block time in your schedule weekly or monthly to text your friends with a donate link?
- Do you have friends you could ask to be a part of a fundraising event? Ex: musicians, poets, bakers, chefs, artists, etc.
- Is there a fun thing you and your friends do together that you can turn into a party/fundraiser?

### Take Action Options:

- Look up your nearest abortion fund at [abortionfunds.org](http://abortionfunds.org). See what their needs are. Text 5 friends and post on social media what those needs are. Fulfill one of those needs.
- Open up the Patient Support folder in the Toolkit. Find the Well-Meaning Friends document. This is a message you can post or send to friends who have been offering to help people with "camping" or saying they'll offer their couch/home to strangers. It's a way of calling on people that want to help but better direct them on how to be more strategic in helping people get abortion care.

# TAKE A BREAK!

**IF YOU ARE HOSTING AN ALL-DAY PARTY, THIS IS A GREAT TIME FOR A LUNCH BREAK AND POSTCARDING ABORTION CLINICS/FUNDS**

**Materials needed: Food! Drink! Toilet! Postcarding tools!**

- **POSTCARDS**

- They can be any kind at all. Typically, at places like Target, you can find an inexpensive pack with wildlife scenery or cute images. If you can find ones that say Thank You on them, that is even better!

- **POSTCARD STAMPS**

- You can buy these from your local post office and/or USPS.com.
- You can also use regular stamps, but the postcard ones are a little bit cheaper.

- **PENS**

During this time (once you've completed the above Patient Support/Abortion Funds discussion and action) check out the resources in your Toolkit on the areas you've learned about so far, eat some food, continue looking into the clinics and/or abortion funds near you, and write "Thank you" postcards to abortion clinics.

When writing "Thank you" postcards, aim for each participant to write at least 5 postcards. The stamp goes in the upper right corner on the blank back of the card. Write the clinic's address in the center of the right side. On the left side, you will write your message. It doesn't need to be super long! You should sign it with your name, but you don't have to put your address on it. You can find abortion clinics to write to at [INeedAnA.com](http://INeedAnA.com). Try your best to send the postcards to the clinics nearest to you (no matter how far away they may be).

**BONUS:** Take a sec to POP A PIC OF YOUR HOUSE PARTY ON INSTA AND TAG @ABORTIONFRONT #OperationSaveAbortion



# ACTIVITY GUIDE EPISODE FOUR

## LEARN TO TALK TO AN ELECTED OFFICIAL WITHOUT SAYING “F\*\*KING” OR “TRASH”

### Materials needed:

- Celebration materials (shot glasses, noisemakers, pom-poms, etc.)
- Phone

### Discussion Prompts:

What’s your level of comfort talking to strangers?

- How does it differ depending on who the stranger is? Another voter? A local elected official? A state legislator? Giving directions to other pro-abortion supporters?

What would your comfort level be in policy & advocacy work?

- Lead a phone bank? Make calls? Talk to voters at their doors? Meet with an elected official? Build a campaign plan for how to enact change?

**You’ll make a call today to get used to it! We know it can feel uncomfortable, but we’ve just got to do it.**

- Look up your city elected officials (if applicable), county elected officials, and state-level legislators. Usually, it’s pretty easy to find once you google your city/county/state and the phrase, "elected officials"! Write down their names and information.
- Do a chant to get pumped before each call.
- Pick one person to call right now! Leave a message of your choosing or one of the templates on the next page. **EVERYONE HAS TO DO THIS!!!**
- Film each person (or yourself) making this call.
- Post the video on social media to show people how easy it is and tag us!
- Tag 3 friends asking them to make a call too. Send them the scripts to help them out!
- Celebrate each call! Take a shot, ring a bell, do your chant again, or whatever else feels celebratory to you!

# ACTIVITY GUIDE EPISODE FOUR

## LEARN TO TALK TO AN ELECTED OFFICIAL WITHOUT SAYING “F\*\*KING” OR “TRASH”

### SAMPLE VOICEMAIL SCRIPTS

- Hi, my name is \_\_\_\_\_ and I am your constituent. I am concerned about the crisis pregnancy centers in our area. They are taking advantage of the post-Roe v. Wade confusion and trying to trick vulnerable pregnant people into thinking they provide abortion services when they give false medical information, in an attempt to talk someone out of an abortion. I do not want my tax dollars to fund them, and as an elected official, I want you to use your platform to educate the public about them. Thank you for your time.
- Hi, my name is \_\_\_\_\_ and I am your constituent. Abortion is a part of the human right to control our Bodily Autonomy. I would like to see our local/state government put funding towards helping people access abortion care. Thank you for your time.
- Hi, my name is \_\_\_\_\_ and I am your constituent. Abortion is a crucial part of the constitutional right to control my body. Your position on abortion will determine if I will support you in the coming election. I am asking you to issue a statement of support for abortion access before you get my vote. Thank you for your time.



# ACTIVITY GUIDE EPISODE FIVE

## MAKE HATERS TAKE SEVERAL SEATS WHEN YOU TAKE TO THE STREETS

### Materials needed:

- Print the Message Slips & TGFA prayer cards from the Activities folder of the Toolkit. If hosting an in-person watch party: Give a sheet to each of your attendees!
- If you don't have access to a printer: Have plenty of paper and pens for writing the messages from the Activities folder.
- Scissors to cut the messages out
- Blank sheets of paper
- Whiteboard, post-it notes, notebooks, or other surface, for group brainstorming

### Discussion Prompt:

- What excited you about what you heard?
- What makes you a little scared or uncomfortable?

### Brainstorm:

- What are the places or who are the people in your area to put on blast in public? Ex: corporations that donate to anti-abortion politicians, churches that protest abortion clinics, crisis pregnancy centers, etc. Write them down and the shitty things they do. IDENTIFY 5 AND MOVE ON
- Who are the people that provide positive pro-abortion resources? IDENTIFY 5 AND MOVE ON

### Take Action:

- Take the sheets you printed for this activity, and if you haven't already, cut them into individual slips.
- Pass out blank sheets of paper & from your brainstorm, write down the names of who you want to expose & what they do. Name of company + harm they cause. That is it. Ex: Bob's pizza on Walnut street sponsored an anti-LGBTQ event
- Do the same for the local organizations you want to uplift. Write the name of the organization & the service they provide. Keep it short. Ex: The acme community space at 45 Walnut St has free condoms with no judgment
- Take these messages and go to the mall, thrift stores, discount stores, & anywhere else you can think of. Then, insert them into the pockets of pants, jackets, purses, or any place someone will discover it when they get it home!

# IMMEDIATE NEXT STEPS

## BECOME A VETTED VOLUNTEER

Encourage folks who couldn't join your watch/listen party this time to check out the video episodes at

[OperationSaveAbortion.com](https://www.operation-save-abortion.com)

(or the audio version on the Feminist Buzzkills Live podcast page) and sign up to get involved. When people sign up at the site they'll be vetted and have their information sent to the abortion access groups who could use them.

## ACTIVIST CALENDAR

Head to [OperationSaveAbortion.com](https://www.operation-save-abortion.com) to see the **Activist Calendar**. There you will find ways to keep learning and take action on things that are open to anyone virtually or local to you! Look to see what speaks to you as an individual and what you could do as a group.

Thank you so much for participating in Abortion Access Front's Operation Save Abortion training sessions! If you have any questions you can email [info@operationsaveabortion.com](mailto:info@operationsaveabortion.com).

Everyone who signs up with us at [OperationSaveAbortion.com](https://www.operation-save-abortion.com) will be vetted & their information will be sent to the abortion access organizations that can use YOUR help. You may not hear from them right away and that is okay! Groups are really overwhelmed right now and many don't have constant/weekly volunteer needs. Pay attention to their email lists and text message updates.

Do not overwhelm groups by calling their phone line. Abortion funds & clinics need to keep their phone lines open for patients/people seeking abortion care. In the meantime, your Google Toolkit has all kinds of helpful information on talking about abortion, digital privacy, self-managed abortion, & other areas that are now essential to abortion activism in our country.

# CONTINUING EDUCATION

## Let's Talk About Abortion & Reproductive Justice

- Now that you're following so many wonderful Reproductive Justice organizations online - attend the events they post about & share their posts! This is a great way to help educate your community & follow the lead of organizations led by BIPOC folks (Black, Indigenous, & People of Color).
- Keep reading and learning! In the Further Learning folder of your Activist Toolkit you will find more resources on Reproductive Justice.

## "Indie"Cent Exposure: Ways To Support Independent Abortion Clinics

- If there IS an abortion clinic near you: Is there info on a doula program, Escort program, or other ways of support on their website? Check out the Clinic Support folder in the Toolkit for more resources and ways to take action!
- If there is NOT an abortion clinic near you:
  - What are the telemedicine laws in your state? What are the online abortion providers who can help people in your state? Ex: Hey Jane, Just the Pill, Plan C/Aid Access/Women Help Women
  - Check out the Expose Fake Clinics folder in your Toolkit! There are even guides to hosting your own Review-a-thons & Protests.

## Put Your Money, Time, And Privilege Where Your Mouth Is: How To Help Patients Access Care

- Make a plan to put your brainstorming into action! Abortion funds really need financial support right now, so hosting a small fundraiser can be a great way to help them & be a leader in your community.

## Abortion Bans Are F\*\*king Trash: Learn To Say This To An Elected Official Without Saying "F\*\*king" Or "Trash"

- Evaluate your town/city/county on how well it protects reproductive health by checking out NIRH's Self-Scoring guide in the Toolkit. This can help you figure out what change needs to happen in your area.
- Check out our worksheet on meeting with an elected official about an issue. The first step in building a relationship with your elected officials is to meet with them!

## Make Haters Take Several Seats When You Take To The Streets

- Check out the Activist Calendar for upcoming trainings on how to plan larger direct actions!

# THAT'S (ALMOST) A WRAP

## VERY IMPORTANT NEXT STEPS BEFORE YOU LEAVE YOUR WATCH/LISTENING PARTY

**Set up a time to watch/listen to the next episode!** Discuss how often your group can realistically meet to watch/listen to the rest of the series. Keep the momentum going and get a date on the books!

Set up a secure text chain with attendees using the app Signal to plan events.

**Remember the blank postcards?** When you have completed the series, Address them to those at your house party and write an encouraging message. Everyone should write one message to someone in the room.

### Points to include are:

- **Thank them** for coming and committing to the fight
- **Remind them** of a few things they committed to doing going forward
- **Promise to help them** achieve what they commit to in abortion access work.
- Lastly, put them in the envelope and **mail them** out to everyone a week after you have completed the series.
- **REMEMBER:** Do NOT feel pressure to do everything you learned. Choose what's right for you and do that. Set goals that you can achieve. That is success! This is a long game and we need you all to stay in it, whatever you can do is amazing and enough!

**TIME TO CELEBRATE WITH SOME COCKTAILS / MOCKTAILS!**

# COCKTAILS



## EQUAL PAY ROSÉ

Recipe:

- ½ oz of St. Germain
- 4 dashes of bitters
- 4oz of sparkling rosé

Place 2 lemon slices, bitters, and St-Germain in a white wine glass. Add ice. Top off with rosé.

## Who Needs a Man-hattan

Recipe:

- 2 dashes of Angostura bitters
- 1 ounce dark vermouth
- 2 1/2 ounces bourbon

In chilled cocktail shaker, combine Angostura, vermouth, and bourbon. Add ice and stir until well chilled, about 20 seconds. Strain into glass. Garnish with 1 maraschino cherry.

## Gin and Toxic Masculinity

Recipe:

- 3 ounces gin
- 1/2 ounce pomegranate liqueur
- 4 ounces (1/2 cup) tonic water



Fill a highball glass with ice. Add gin and pom liqueur. Then top with tonic water. Garnish with cucumber. Garnish with a cucumber slice.

# MOCKTAILS

## PINEAPPLE & GINGER PUNCH THE PATRIARCHY IN THE DICK

### Recipe:

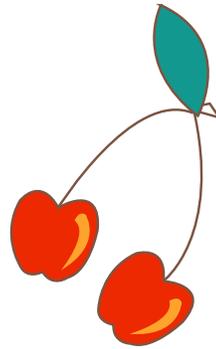
- 750 ml Pineapple Juice
- 750 ml Ginger Beer
- 1 lime
- Mint sprigs

Pour the pineapple juice, lime juice, mint, & crushed ice into a blender. Slightly blend the drink, then pour into a cocktail glass filled with more ice. Top with ginger beer, then garnish with mint sprigs before serving.

## SAFE SEX ON THE BEACH

### Recipe:

- 7 mint leaves
- 4 shots orange juice
- ½ shot lemon juice
- ½ shot lime juice
- ½ shot grenadine syrup



In a cocktail shaker packed with ice, combine all the ingredients, then shake well. Double strain, then add a cherry for a final flourish.

## PUSSYFOOT

### Recipe:

- 3 oz. cranberry juice
- 3 oz. grapefruit juice
- 2 oz. peach nectar



Get your choice of a chilled cocktail glass, then pour over ice all the ingredients, and stir. Garnish with a maraschino cherry, then serve.